



SIR ELLIS KADOORIE SECONDARY SCHOOL (WEST KOWLOON)

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Founder's Day cum Learning Celebrations

Our school's Founder's Day cum Learning Celebrations was held on 14 March 2014. It was a unique occasion to give recognition to all the family members of our school for their great efforts in making all kinds of learning a joyous and meaningful activity of life. It reminded us that joy and success could be possible only with the whole-hearted efforts of all the teachers, students and parents.

In the morning, all our students, parents and teachers met to share the fun of a wide variety of educational games, viewing the students' works and exchanging opinions about teaching and learning. The funfair was interesting as the students could collect as many stamps as possible in order to redeem a variety of prizes available at the stalls. The visit from Sir Ellis Kadoorie Primary School was another eye-catching event as it offered the children an



Students playing games at the fun fair

opportunity to experience some lively activities conducted in a secondary school setting.

The more formal programs started in the afternoon. Our Principal, Mr. Li Wing-leung, commenced the rich programs in the school hall with his welcoming speech to the students, teachers, guests and parents. He thanked the Kadoorie Charitable Foundation and stakeholders for their inspiring philanthropic endeavours, and contributions to our school in particular and to some countries in general. Gracing the occasion was the presence of our guest-of-honour, Mr. Christopher Lavender, the Director of the Kadoorie Charitable Foundation and Mr. Nachiappan Thirupathi, our PTA Chairman. They presented awards and certificates to our top academic achievers, outstanding extra-curricular activity performers, all our teachers and parents.

It was indeed a touching moment to share the great achievement, efforts



Our guest-of-honour, Mr. Christopher Lavender, and the official party

TABLE OF CONTENTS

Founder's Day cum Learning Celebrations	1
Sir Ellis Kadoorie Secondary School (West Kowloon) Sports Day	3
Musical drama (2013-2014)	4
粵劇全接觸	4
The 17 th Hong Kong and Macau Inter-school Straw Competition	5
Passion Beats Difficulties	6
Harmonious Campus 2013 – 2014	7
Don Bosco Training Camp for future school leaders	8
Young Historian Programme 2014	9
Careers Education 2013/2014	10
Dance Performance at Sky-100	12
Knights of Sir EK	12
Joint School Liberal Studies Student Forum	13
50 th School Dance Festival	13
China Exchange Program	14
Real Friends Project 13/14 - Adventure Ship Challenge Day	15
Noah's Ark 2-Day-1-Night Training Camp: Live Beautifully with Love and Dream	16
Seeing the Possibilities	18
Interschool Sports Competition 2013-2014	19
Hockey News 2013-2014	20
Economic and career team: Hands on experience in retail industry	21
Prizes and Awards	22
Special Events / Activities	23
校長的話	24



Mr. Lavender addressing the school



The vibrant Indian Punjabi dance

and joy of success. The occasion has shown that the school is not just an isolated institution of education. In fact, it is a family in which all the students, teachers and parents learn and grow together. It is more so for Sir Ellis Kadoorie Secondary School (West Kowloon) as it serves to educate young learners of different nationalities and cultural backgrounds. Highlighting the ceremony were a series of unique and outstanding cultural performances that left all the audience enthralled. The beautiful presentation of Putonghua Solo Verse speaking by Hu Maoyuan (S1), vibrant Indian Punjabi Dance, Nepali cultural dance, Latin dance and the singing captivated the hearts of all those who were present. The formal program concluded with the singing of the school song followed by hearty refreshments.



Nepali cultural dance



The School Choir giving performances



Solo Verse Speaking

The big surprise came later at 4:30 p.m. when we had our second BBQ gathering with students, parents and teachers in the school near the tuck shop. It was a wonderful moment to share a bounty of food including roasted halal chicken and sausages. We chatted and shared some of our unique experiences until the moon came up.



BBQ gathering with students, parents and teachers

Sir Ellis Kadoorie Sccondary School (West Kowloon) Sports Day

Our annual Sports Day heats and finals took place on 29 January and 7 February 2014. Energetic athletes from four different houses took part with the true spirit of sportsmanship and demonstrated their talents in a number of different track and field events.

The event kicked off with the customary flag-raising ceremony, followed by the singing of the National Anthem and the taking of the oath.

As always, the deafening cheers from throngs of their peers spurred the athletes on to perform their best, whilst the plethora of colourful banners decorating the spectator stand served as a reminder of the zestful school spirit of the students.



An enthralling cheering dance performance by all the houses

Topping the list of winners this year was Red House, emerging as overall Champion and bagging 17



Sports highlights

gold medals. Among the Individual Champions were Gurung Papina of S1D (Girls C Grade), Nagar Jermaine Cesario of S4A (Girls B Grade), Lee Hiu Yau of S6A (Girls A Grade), Gurung Bishant of S1B (Boys C Grade), Pun Suran of S3D (Boys B Grade) and Pawar Vinaya Singh of S6E (Boys A Grade).

The Principal, Mr. Li Wing Leung, emphasized participation more than winning and thanked the P. E Department, all participating athletes, students, members of staff and parents for their tireless efforts in making the events so successful.



The Principal, Mr. Li Wing Leung, offering vote of thanks



The guest-of-honour, Mr. Mohammed Swalikh, addressing the assembly

The day came to an end with the prize presentation and speech by the guest-of-honour, Mr. Mohammed Swalikh, Detective Chief Inspector of Hong Kong Police Force. While addressing the students, Mr. Swalikh expressed his joy on seeing the students' zeal, enthusiasm and hope in winning competitions. He, by sharing his own story as a national hockey player from Hong Kong, encouraged the students to explore their potential, to nurture their determination and enhance their efforts to achieve success.

Musical drama (2013-2014)

This year, Principal Li decided to widen the horizon of S.4 and S.5 students by providing them with two training courses related to performing art. Thirty students from S.4 and S.5 were involved in a musical drama production named "Listen to me" while 16 students joined



the backstage training workshop in which they learnt different aspects of stage management, lighting and sound equipment. These professional training sessions provided chances for our students to use their talent to obtain career opportunities or other recognition in the days ahead.

The two groups worked together and participated in the Hong Kong Schools Drama Festival 2013-2014, achieving a very good result. Four students got the "Awards for Outstanding Performer", and the team also won the "Awards for Outstanding Cooperation."

粵劇全接觸

為讓學生從藝術角度了解中國文化，岑淑儀老師、梁煒廣老師和李力敏老師於3月6日帶領一眾中四及中五級非華語學生到紅磡高山劇場，參加由康樂及文化事務署主辦之「粵劇全接觸」活動。當日除有折子戲、粵劇基本功示範等演出外，更特設互動環節，學生能親身嘗試戲服穿戴、學習粵劇做手及運用刀、槍、鞭子等道具。讓我們看看學生們對當日活動的感受吧！

4A (2) Anita

三月六日，我們去了高山劇場看粵劇全接觸。
我最喜試穿戲服，因為我可以戴鳳冠。
我也喜歡看對打。

4A (7) Kaur Amandeep

我覺得很開心。
我最喜歡的環節是對打(刀、槍)。
我最不喜歡的環節是將軍馭馬。

4A (36) Thapa Mehar Man

我喜歡水袖表演和揮舞大旗。
我很開心。
我喜歡將軍馭馬環節，因為吸引。



The 17th Hong Kong and Macau Inter-school Straw Competition

“Ready! Attack!”

Watching our shooter targeting the castle of the opposing team, we got so excited and had our fingers crossed. One by one, he successfully shot all 15 weapons, using our carefully-designed launcher. Each of our successes eliminated one team from the tournament. Gradually, we knocked out other teams one by one. Among a total of 128 teams, we smoothly got ourselves to the next round of 64, then 32, 16, 8 and semi-finals and eventually the final.



Our junior team came third in the competition

The 17th Straw Competition, held on the 27th April at the City University of Hong Kong, was organized by the 21st Physics and Materials Science Society and Students' Union of the City University of Hong Kong. Competing schools were not only from Hong Kong but also from Macau. In each separate division, Senior and Junior, there were 128 teams. Three teams were sent from our school, one from S.1 and S.2 each for the Junior Division, and one from S.4 for the Senior Division.

On the day of competition, each team was given only 150 straws, one carton box, and 2 rubber bands. With a limited time of 90 minutes, each team had to make a castle, a launcher for loading weapon objects, and a maximum number of 15 weapons.

With the strict rule of using only the given items, it was a great challenge to look for the appropriate methods of creating the right products.

Our senior team, consisting of Gurung Kushal, Shenleene Mak, Lontoc Francesca Choi and Limbu Pratik, finally won



Our senior team won the first-runner-up prize

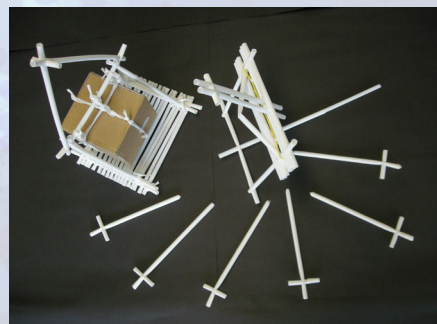
the 1st runner-up prize. Our junior team, with Retanan Charlyn Denise Manansa, Singh Harsh Winder, Sandhu Amina and Gurung Shely, came third. We are proud to know that our school was the only one that could top in both divisions. Our prizes included trophies, certificates, and book coupons worth \$1,000 for the 1st runner-up and \$800 for the 2nd runner-up.



Mr Fung Man-keung worked closely with the teams



Preparing for the competitions

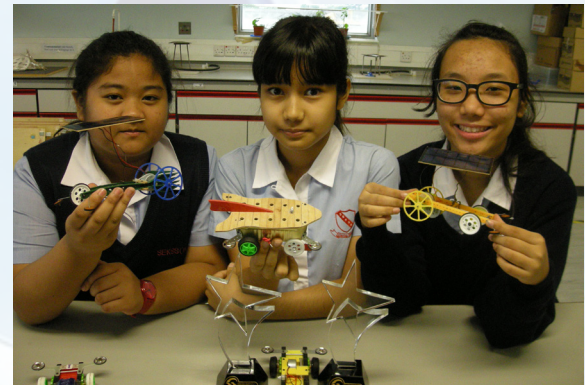


The castle, launcher and weapons made by straws

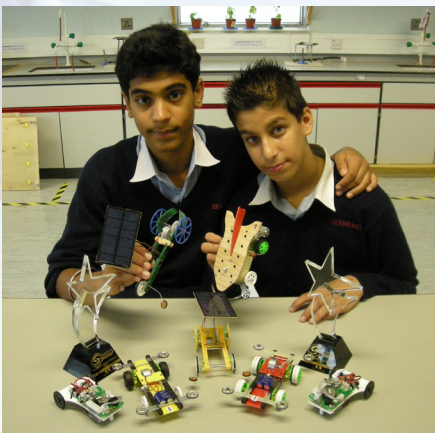
PASSION BEATS DIFFICULTIES



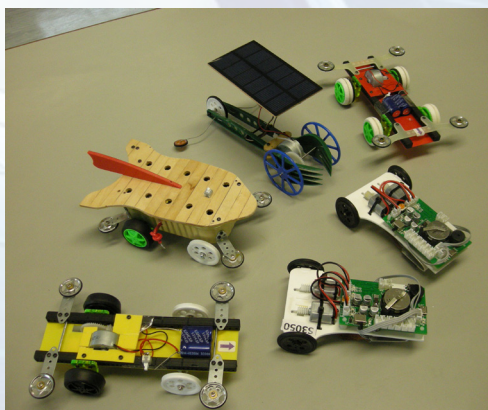
On 9 November, 18 students and our I.S. teacher, Mr. Fung Man-keung, joined the 8th Hong Kong Technology & Renewable Energy Events 2013 (HKTREE) held in Hong Kong Science and Technology Parks. There were more than a thousand contestants in 363 teams from 71 secondary schools and 83 teams from 26 primary schools. All participants could have hands-on experience on the applications of renewable energy sources. For this competition, our school team overcame a lot of difficulties, including time constraints as well as the lack of experience and resources.



From the enrollment to the competition day, our school team had only five weeks. Preparing 18 students, divided into 6 groups and participating in 3 divisions of the competition over five weeks was a real challenge for Mr. Fung. The 3 divisions included Smart Car, Super Capacitor Car and Solar Car Design. The participants and Mr. Fung had to prepare 6 different model cars from scratch. That meant they had less than a week to prepare one model! In addition, Mr. Fung decided to build two tracks, similar to the ones used in the competition, for testing the models in order to ensure they worked properly.



It was the first time for our school to join this competition. Both the students and Mr. Fung did not have any experiences in building the required types of model cars. Our advisors, Mr. Fung and Mr. Tse Ming Wai had to source tools and materials from different shops around town. Unfortunately, not all parts were available in the market. To make the situation worse, our school has no workshop where big machines are available. Our teacher had no choice but to make the wheels for the cars manually, using simple tools. Though it was time-consuming, the students finally got all the parts for assembling their model cars. Using the recycled materials: some plastic forks, plastic fragments and a tin can, they built the cars successfully after many trials.



Not yielding to difficulties, our team won 5 prizes with the hard work and passion of the team members. They were the best design in Super Capacitor Car, the best design in Solar Car, 2nd runner-up in Super Capacity Car Racing, 4th in Smart Car Racing and 5th in Solar Car Racing. The students were not only happy with their trophies and certificates, they

were also proud to be students of Sir Ellis Kadoorie Secondary School.

Harmonious Campus 2013 – 2014

To build a caring environment for our students, the Discipline Committee and Guidance and Counseling Committee co-organized the Harmonious Campus 2013 – 2014, to spread the messages of cultural harmony and anti-bullying among students through various kinds of activities in the year.

Peace Ambassadors

Last year, 10 peace ambassadors were trained to help organizing activities to promote anti-bullying. This year they received further training to learn more effective ways to stop bullying and create a harmonious environment.



Teacher-student 3-on-3 football friendly match

Harmony Race

On the Annual Sports Day in January, a Teacher-student 4 x 100m relay competition was held. Teams mixed with teachers and students of different nationalities, age and sex were formed to compete for the championship!

Inter-class football competition

Students formed their own teams with members of different races to compete for their class. The winning classes in senior forms and junior forms were also invited to take part in a teacher-student 3-on-3 football competition.

Harmonious Week

With the joint effort of the Discipline Committee, Guidance and Counseling Committee, Moral and National Education Committee, Liberal Studies Department, Economics Department and Aesthetic Development Department, series of activities and competitions were held during the week.

- **Opening Ceremony**
To mark the opening of the Harmonious Month, Ms. Pearl Chan, Senior School Development Officer, was invited to our school and encourage our students to combat bullying. Ms Chan and our principal, Mr. Li, started the kick-off of “Teacher-student 3-on-3 football friendly match”.
- **Let’s make HARMONY**
Our students showed their promise to build a harmonious campus by writing their messages on heart-shaped cards and sticking them on a board to make up the word “HARMONY.”
- **Competitions**
Those who are more artistic helped deliver messages of harmony through the Inter-class Folder Design Competition. Senior students showed their concern of cyber bullying through a news commentary competition. An interclass Short Quiz on anti-bullying was also held for all the classes to win a prize!



Students enjoying themselves at the fun fair



Game booths set up at the school covered playground

- **Workshop**
A workshop on cyber-bullying was held for all S.3 students during the week.
- **Harmony Fun Fair**
On 6 and 8 April, the Harmony Fun Fair with game booths and exhibitions was held in the school covered playground. Students enjoyed games designed by the peace ambassadors and the Guidance Committee and Moral and National Ambassadors. Together with the henna drawing and egg drawing, students had great fun during the fair.



Making up the word "Harmony"

Don Bosco Training Camp for future school leaders

28 student prefects and prefect trainees were invited to join the Prefect Leadership Training Camp organized by the Discipline Team and PTA at the Jockey Club Cheung Chau Don Bosco Youth Centre in April 2014.

Based on experiential learning, the program aimed at providing fundamental leadership training through a series of adventure-based counseling programs, hoping to boost confidence, create a sense of belonging as well as strengthen team spirit among students. Not only did students participate in group games, but they also experienced challenges by participating in a number of activities like the Giant Ladder, High Rope Course and Water Adventure.

The experience was amazing for the students and they realized how much they had developed. They were keen to take up the challenges and able to establish a strong bond among themselves, which could be a solid foundation for the growth of the prefect team.



The High Rope Course

Sharing from GILL DILPREET KAUR 3E (5)

It was a big challenge to swing on the ropes at the side of the boat. My arms were hurting but I didn't give up and finished the task at the end. Walking the plank seemed daunting but it was quite easy once I got my balance right. The difficulties of the activities increased and became more challenging for all of us. At the end, we had a chance to jump into the water from the third deck of the boat. It was very scary but I am glad that I jumped. Not only was the adventure ship a memorable one, but the camp also enabled me to understand my schoolmates more and we felt more like a group afterwards, ready to assume a leadership role in the prefect team.



Getting the right balance is important

Young Historian Programme 2014



Organized by the Hong Kong Baptist University, the Young Historian Programme started in February 2014 to provide opportunities for students to explore different aspects of the history of Hong Kong.

This year the topic was “Professionalism in Hong Kong.” Eight of our S.4 students interviewed two important people, Mr. Clement Kwok King-man and Mr. Andrew Brandler, to understand the development of hotels and public utilities in Hong Kong.

“Interviewing professionals is an excellent experience for a secondary student!” said Bancharong, a participant from S4A. “They should be very busy but still they were very kind to us, answered all our questions and even encouraged us with lots of tips to succeed!”

This extraordinary learning experience not only equipped them with better communication and interviewing skills, but also chances to speak in public.

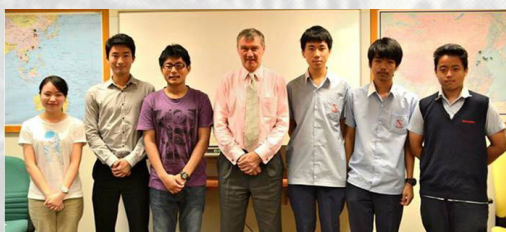
On 31 May 2014, students of all the five participating schools gathered in the Hong Kong Baptist University to present their stories of different professionals, ranging from CEO of public sectors, civil servants to scientists. Through the interaction with students of other schools, it was a very fruitful Saturday for all the participants.



Students presenting their stories of different professionals

Participants:

Students (Guiding Teachers)	Interviewee
Lontoc Francesca Choi (4A) Cortes Joshua Alison Corpuz (4A) Limbu Pratik (4A) Kharel Bhabishya (4B) Advisors: Ms Fung Winsome, Ms Sung Yee-Ki	Mr. Clement Kwok King-Man (Managing Director and CEO of Hong Kong and Shanghai Hotels)
Limbu Bibek (4A) Pornwapee Bancharong (4A) Sit Wai Hang (4A) Thapa Tej Chandra (4A) Advisors: Mr Wong Kin-Kan, Ms Sung Yee-Ki	Mr. Andrew Brandler (Former CEO of CLP Holdings and Current Chairman of Sir Elly Kadoorie and Sons Limited)



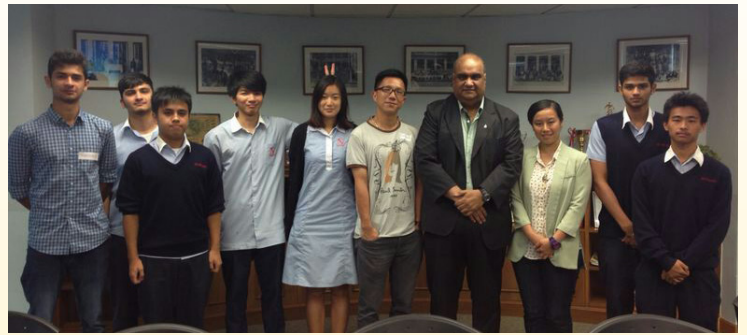
Interview with Mr Andrew Brandler



Interview with Mr Clement Kwok King-man

Careers Education 2013/2014

Life and Career Education Project (LEAP)



This year, 30 S.5 students were selected to take part in the LEAP organized by Hong Kong University Graduates Association Education Foundation. Each student was assigned a mentor who came from one of the five business corporations in Hong Kong. These corporations included Hong Kong Disneyland, the Hong Kong Electric Company Ltd., McDonald's Corporation, Hong Kong Police Force and Holiday Inn Golden Mile. The mentors shared with them their personal experience in setting goals and making disciplined efforts in self-improvement, success stories of their teamwork and advances along their career paths. Besides, the students had the opportunities to visit the companies of their mentors.



Workshop on Interview Skills

On 28 Feb 2014, more than 21 S.6 students took part in the "Workshop on Interview Skills" organized by the Career Education Committee. Mock interviews in small groups were carried out right after the briefing session. Individual feedbacks were also given to each interviewee at the end of the workshop. S.6 participants found the workshop extremely useful in helping them to prepare and perform well in JUPAS or IVE interviews.



A Career with the Immigration Department



S.4 and S.5 students attended a seminar on “A Career with Immigration Department” organized by the Career Education Committee on 12 March 2014. Participants were highly motivated and impressed by the presentations given by Mr LAM Chun To (Senior Immigration Officer) and Mr LO Ho Chun (Immigration Officer). In the Q & A session, students were very active in raising questions about recruitment and career prospects.

Workplace Visit to Cathay Pacific Catering Services



17 Health Ambassadors from S.4 & S.5 visited Cathay Pacific Catering Services Centre on 18 Feb 2014. The visit was jointly organized by the Careers Education Committee and Health & Sex Education Committee. Participants found this workplace visit an eye-opening experience as they could see how one of the world’s largest flight kitchens operated and be more well-informed of other career choices. It was also a rare opportunity for secondary school students as the visit is usually arranged for tertiary institutions.



Dance Performance at Sky-100

On 25 May, our students went to Sky-100 and performed in the highest tower in Hong Kong. Four performances of different styles were brought to the visitors by our students. We could see students' passion, effort and potential in their performances as they paid attention to even the minor details from the choreography of the dance pieces, their make-up as well as costumes.

During the one hour show, visitors got to see the nice views of Hong Kong and at the same time experience Hong Kong as a cosmopolitan city via cultural performances. They enjoyed the show and some of them even videoed the whole program.

Our students enjoyed the experience not only because they got a free pass to Sky-100 on that day, but they also felt the support from teachers, the Principal and Mr. Thirupathi (SMC Parent Representative) and that their performances were well received.



Knights of Sir EK

As some of you might already know that the name of our cheering team is "Knights". Each year, cheering performance during the annual sports day by "Knights" is something that everyone looks forward to.

This year, "Knights" tried something new. In addition to cheering, we joined a gymnastics competition for the first time. The competition was held on 8 June 2014 in the Queen Elizabeth Stadium with 2000 spectators in attendance.

At 8:30 a.m., all the team members already gathered at the Stadium. To prepare for the competition, not only did we

take every chance to practise, but we paid attention to every detail to make our performance perfect. Everyone could see our passion and enthusiasm from a little ribbon tied to the hair, to the music and the dance steps. Attention was paid even to the tiniest detail in our costume and make up. One parent (a professional make-up artist) even spent the whole morning with her crew to help us with our makeup.

In the afternoon, more teachers, parents, alumni, and schoolmates came to support us. We were so happy when Principal Li arrived and cheered for us. The routine that we did during the competition consisted of stunts, tumbling, jumps and dance. People were screaming while we were performing, and the judges also liked our performance. Eventually, we got the gold award among teams of very strong competitors.

Getting the gold award is encouraging. However, more importantly, it is happier to see the effort of every member being recognized.

50th School Dance Festival

This year, the school oriental dance team got the overall 2nd runner up in the 50th Schools Dance Festival for secondary schools. Four different dances of different styles were choreographed and all of them got the highly commended award. The Nepali dance group also got the golden award in the 42nd Hong Kong Dance Open Contest.



I have been dancing in EK since S2 and I have been learning bollywood and oriental dance. As a team leader I learned how to teach my teammates what I learned from my seniors. In the 50th Schools Dance Festival, I taught my teammates a dance that incorporates power, as well as the graceful moves of bollywood dancing. Everyone practised hard before the competition. In return we got the happiest and proudest moment by achieving the 2nd runner up position.

Throughout the years, we have worked very hard and given our best towards dancing. Although we were not professional dancers, we gave our best to the competition with dedication and hard work. Getting the award for overall 2nd runner-up is a matter of great pride as it is the fruit of our consistent effort.

Rasmita Gurung 6D



Joint School Liberal Studies Student Forum

5B Chung Tsz Ching Alexandra

Earlier this year, my classmates and I participated in a Joint School Liberal Studies Students forum organized by RTHK.

We attended a few talks given by experts of different disciplines, discussing different environmental issues. After that we were given a motion and assigned to be one of the stakeholders to compete with other schools from Hong Kong that represent other stakeholders.



During the forum, not only did we have to present our own point of view, but we also needed to challenge the views presented by other schools upon hearing their arguments. With the support of our advisor, Ms Crowny Wang, and the hard work of the team, we won the third prize in the competition and were given the Most Creative Ideas Award. The forum not only enhanced our concern of environmental issues, but also enriched our knowledge in Liberal Studies.

China Exchange Program

In order to enhance students' understanding of Chinese culture as well as to widen their horizons, 20 students were chosen to participate in a 5-day China Exchange Program organized by the Education Bureau in April, 2014.



During the trip, the students visited different major attractions. Apart from the Yellow Crane Tower, the Red Mansion and the Hubei Province Museum, they also visited the famous Three Gorges Dam.

China's Three Gorges Dam is the world's largest hydroelectric dam in terms of generating capacity. Though the students had already done some research on the Three Gorges Dam before the trip, they were very amazed when they saw it in reality.

On the second day, they visited Zigui Immigration Village, which was relocated due to the construction of the dam. The students interviewed the villagers so as to look into how the construction of the Dam had affected their lives. At night, they attended a talk by a professor who was a senior engineer involved in the construction of the Three Gorges Dam. His sharing was fruitful and inspiring. It could be seen that students were able to acquire a comprehensive and in-depth understanding about the project after these series of activities.

Another highlight of the trip was the exchange programs with the students from Zigui No. 2 High School and Wuhan University. The local students were very friendly. They invited our students to visit their campus, chat with them and have lunch together. At the very beginning it was a challenge for both our students and the Chinese students due to the language barrier. However, they still tried their best to communicate with each other, using body language and simple words.

By participating in the exchange programme and visiting different places in China, students were able to learn the history, the culture much more than they could have learned from textbooks.

Reflections from students:

The exchange programme was a great experience and opportunity for secondary students like us to explore more about China. Moreover, the schedule was well planned and organized as we got to visit a lot of places like a secondary school, Wuhan University, Three Gorges Dam Project site, a museum, the Yellow Crane Tower, etc. Visiting the secondary school was a pleasant experience as we got a chance to talk with the students and teachers, who shared with us their secondary school life and the education system. The tour was a good experience and I would definitely join similar programmes again.

(Saseendran Anjaly 5A)



My trip to China was one of the most precious as well as meaningful tours I have ever had till now. It successfully fulfilled my expectations and also my wish to visit the largest dam in the world, the Three Gorges Dam. Moreover, it has brought me closer to my friends and I have made many acquaintances during the trip. I feel extremely proud and satisfied to be part of this trip.

(Kirandeep Kaur 5A)

Real Friends Project 13/14 - Adventure Ship Challenge Day

On 29 May, 2014, our school joined the very exciting and challenging activities on “Adventure Ship”. Apart from 49 brave students in our school, 4 police volunteers from Mongkok Police District and 3 teachers of the School Guidance and Counselling Committee, Miss Fung Winsome, Mr. Leung Wai Kwong and Mr. Wong Kin Kan and the School Social Worker, Ms Wendy, also took part.



The instructors explained the regulations aboard ship, safety at sea, use of sailing dinghies and board sails, man-overboard recovery procedure and basic principles of navigation. Apart from these, the participants were requested to do some challenging tasks, such as steering on a rescue boat, diving from a trapeze and survival at sea training.

Some participants screamed for a few minutes before they took the challenges or jumped into the sea from height. With their determination and encouragements from teammates, they all completed the missions! They jumped into the sea four times for different tasks with immense courage. All students accomplished the nautical journey with great satisfaction and their confidence to face future challenges was boosted!

Ms Wendy Wong, School Social Worker

Let's hear what our teachers and students say:

“The Adventure Ship Challenge Day was truly unforgettable. It provided me with a chance to interact with the students, and, out of my expectations, enabled me to see a different side of them. I was surprised when I discovered that some of the well-built students were very afraid of jumping into the sea, but in the end they overcame their fear and completed those challenging tasks successfully! Fear is nothing; the most important thing is to hold the key named ‘courage.’”

~Miss Fung Winsome

“Mr. Wong, jump!’ ‘Mr. Wong, try!’ At the beginning, I intended to be an ‘observer’ in order to give the opportunities to our students to try the challenging tasks. However, their sincere invitations reminded me of being a role model as a teacher. Thus, I participated in and completed the remaining tasks with the lovely students. I was impressed by their teamwork and mutual support throughout the trip and I am happy to grow with them through this valuable experience. I would like to share the quote by Mary Kay Ash, ‘If you think you can, you can.’”

~Mr. Wong Kin Kan

“不要輕視這一小步，正好是明日的一大步。如飛鳥激游，輕鬆自由，只要敢於面對，不管前路有多艱辛。”

~ 梁煒慶老師

“The most unforgettable thing was walking on the ship’s railing, and not falling off. I have learned how to tie proper knots and how to use them.”

~Elisa 4A

“When I jumped from the highest point, I learned to conquer my fears.”

~ Asim Rai 4E

“It was fun with all the friends. I was the superman of the boat. I learnt to do a cannonball dive.”

~ Future 4B

“The most unforgettable was the moment before I took my step to the last drop. I learned that fear shouldn’t stop a person from taking a step forward.”

~Sheena Wong 5E

“The most unforgettable part is jumping from the boat. I have learned that we should be courageous when we face challenges.”

~ Lee Charlotte Duran 2E

“I learned that I could help Ken face his fear.”

~ Inot Michael Joshua 5D





“I don’t think I’ll forget anything from that outing. We faced our fears and completed the tasks. I’ve learned to face my fears and I’m still trying to apply it to my everyday life.”
~Shenleene 4A

“The most unforgettable thing was the weird feeling while jumping into the water. I have learned leadership, teamwork and how to have fun and be happy.”
~Rai Victoria 3E

“What I’ve learned in this trip is how to control my fear. We don’t know what will happen unless we give it a go.”
~Rizwan 2E



“I can’t forget the diving part. It helped me become braver and overcome my fear.”
~ Tamang Daniel (2E)

“The most unforgettable moment is when we climbed very high and jumped into the sea. I have learned to overcome my fear and have confidence in myself.”
~ Sheena 2E

“The most unforgettable moment was being able to jump into the sea. I have learnt to overcome my fear of jumping from height.”
~Yvonne 2E



“I’ve learnt how to face my fears. I have to overcome them. Running away from them won’t help. It was the first time in my life to jump that high into water.”
~ Yim Ka Ho 4A

“The most unforgettable part of adventure ship was jumping from the top of the ship. I have learned to face my fear and gained self-confidence. To get over your fear, you have to face your fear.”
~Gurung Hima 3E

“I learned that I have to face my fears such as being afraid of heights. I wouldn’t have done it without my friends. They were very helpful and were cheering for me. Unlike last year, I was brave enough to do it this time.”
~Ken Adrian 5B



“I have learnt to face my fears and be fearless. It’s an unforgettable experience to jump into the water and I’m not afraid of it now.”
~Princess 2A

Noah’s Ark 2-Day-1-Night Training Camp: Live Beautifully with Love and Dream

How did you spend your Easter Holiday this year? Online games? Shopping? Sleeping? Surfing the Net? Twenty-three S.3-S.5 students spent their first two days of Easter Holiday (17 & 18 April) in a fruitful and meaningful overnight training camp at Noah’s Ark. The camp was entitled ‘Live Beautifully with Love and Dream’.

Through a wide variety of professionally designed and thought-provoking activities and excursions, students learnt to set SMART Goals, explore their further potentials and appreciate and understand the differences between each other. Students gained vital life skills such as time management strategies, teamwork spirit, sense of responsibility and interpersonal communication skills in this training camp. These important life-skills will continue to be an asset to the participants throughout their lives.



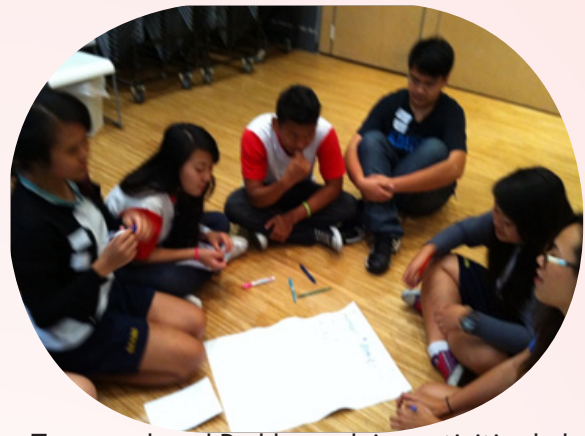
Painting with your mouth – Lead a life with no limits

Dreams are necessary to life. Dream high! Carpe Diem!

Guidance and Counselling Committee



Walking in the dark - trust and be trusted!



Team work and Problem solving activities helped sharpen our minds and enliven our spirit!

Reflections and feedback of the campers:

I've been to 3 camps and to be honest, this camp is the best camp I've ever been to. Not because this is the best place but I enjoyed the activities here more than the other 2 camps. I made lots of new friends and learned a lot of life skills from the activities. Thanks to my groupmates, to our mentors and of course the teachers, Ms Wong and Ms Nora, who brought us here!

~ Kristine Joyce 5B

During the 2-day camp, I learnt many things such as leading a group, helping those who are disabled or not on the right path, encouraging others, being responsible and supportive, team work and values of life. I am really thankful that the school organized this camp for us.

~ Manju 5B

This is the best camp I've ever been to. I was literally ecstatic with the accommodation. Moreover, the activities were really interesting and meaningful. I have also learned that we should stay positive when facing difficulties. Challenges help us to be more responsible and strengthen our abilities to tackle different problems.

~ Gia Trixie Vega5B

This trip has really opened my eyes to great things and to appreciate the little things in life. I hope that I can go again and I recommend this camp to everyone.

~ Pamela 5E

I'm grateful that I joined this camp. Not only did I have fun, but I also learned a lot such as how to think out of the box in difficult situations. I've acquired more leadership skills. I'm also glad that I'm able to help others with my own ability and knowledge. I developed deeper relationship with my friends and acquaintances. The days passed by so quickly while we were at the camp and leaving it became difficult.

~ Angelica Santos 4A

This trip is extremely awesome. Aside from getting a chance to talk to schoolmates who I was not familiar with, it also helped us to set our goals for the future. Though my plans and goals are not yet fully finalized, it gives me an idea on what to think for myself. It's a good opportunity.

~ Joshua 4A

I have learnt a lot about teamwork and facing hardship of life with a smile. I remembered that at the camp, a teacher once said, "It doesn't matter when you were born and when you died. What matters most is the dash – what happened in between." She inspired me to make my life memorable and meaningful. The days that we spent at Noah's Ark will be remembered forever. The games that we engaged in during those two days have taught us a lesson which will help us forever.

~ John Philip 4B

This camp has really given me a lot of inspiration. I learnt a lot about friendship, respect and helpfulness in this camp. I really felt great!

~ Future 4B

The camp was AWESOME! We communicated and got along really well even though we were of different nationalities. We named our team 'Dauntless'. All my teammates were cooperative and supportive. Thanks to this camp I have some new friends and a lot of good memories to keep.

~ Chelsea 3C

After this 2-day-1-night training camp, I have learnt more about myself and also how important teamwork is. I have become more patient and more cooperative with others. I have made more new friends and most importantly set goals for myself.

~ So Tak Wing 3E

這兩天的訓練營令我獲益良多，亦認識了不同級別的同學。雖然我們經常在學校見面，但是卻很少交談，在這個營我可以更加深入了解他們。令我印象最深刻的遊戲是「蒙起雙眼」，因為這個遊戲考驗大家的互相信任。這次的旅程很愉快，希望明年可再次參與。

~ 梁愷怡 3D

這兩天我們組隊玩了不同的遊戲，體會到人生不一定事事如意，但是，只要從不同的角度看，就可以有很多不同的辦法解決難題。而且，有些時候太固執是不能解決問題，要多聽從別人的方法，才可以解決不同的問題。

~ 謝綽縈 3C

A programme which matches 30 students with 12 mentors from the community to help them develop life goals through fashion arts training and the organizing of a fashion show / exhibition has been conducted this year. The focus of the programme is less on the finale but more on building youth capacity in the areas of: **goal-setting, pre-employment development, programme planning, implementation, monitoring and evaluation, digital media, fashion and events planning training.**

The programme asks also the students to attend a series of life-skills training workshops and take part in sessions targeted at enhancing their capacities to become leaders within the larger ethnic minority community.

Programme Objectives:

- To develop greater self-confidence and self-esteem amongst ethnic minority youth.
- To assist ethnic minority youth to develop means to access more opportunities for self-development.
- To enable ethnic minority youth to set and achieve life goals through working with mentors, obtaining important life skills, as well as working across diverse individuals.

Target Group: S.4–S.5 students.

Seeing the Possibilities Programme:

All students have gone through a few introduction workshops talking about their cultural identity, self-awareness, and global/local issues related to their identity. They were also offered opportunities to plan their careers through training from Regal Airport Hotel and a site visit to Bonham Strand (a tailoring company) and the Education and Career Expo.

Fashion Design:

Students in this stream have been learning basic sewing, cutting, and learning about textiles. Each student will be designing a garment representing what is important to them in Hong Kong personally. The trainer is guiding them through this process to discover about themselves and equipping them with skills to design and make a garment.

Event Planning:

The students in this stream have been undergoing modules learning first-hand on how to present the apparel for the final exhibition, fashion show and organizing other events. The trainers have been teaching them about installation, event management and production, including information from the initial concept, to pre and post-production. In the meantime, the trainers are also guiding them through organising a mini event at school as a practice and getting experience to prepare them for the final fashion show.

Mentorship Sessions:

On weekends, students have been meeting with their mentors, who are successful working adults with similar ethnic background as the students, to network and discuss about their views on career planning and setting life goals. The mentors have been guiding the students in setting goals for the programme, as well as their career and education goals.

Through these training sessions, students have been learning to plan for their future and see the hope in their future. Besides this, the specific training has also equipped them with not only technical skills to make garments and plan events, but also soft skills like learning to work as a team and managing time and inspiring them to work towards their goals.



Mr. Enoch Ho, a local fashion designer, teaching our students fashion design and tailoring skills.



Interschool Sports Competition 2013-2014

It was a successful year for our school in the interschool sports competitions. We got different prizes in various competitions:

1. Boys C Grade Football Team ----- Champion
2. Boys Football Team Overall ----- 2nd Runner-up
3. Boys B Grade Basketball Team --- 3rd Runner-up
4. Boys C Grade Basketball Team --- 1st Runner-up
5. Rugby Team ----- 2nd Runner-up
6. 4x100m Invitation Girls Relay (Islamic Kasim Tuet Memorial College Sports Day) --- 1st Runner-up

Football

After competing with some of the brilliant teams of Hong Kong, our School Football Team made to the final round and came out victorious with the Championship title, which it had been winning for the last three years. The most memorable and outstanding was the last match against HHCKLA Buddhist Ching Kok Secondary School, which is an icon of skill and talent as it never lost in any of the matches in inter-school competitions of 2013-2014. However, by making two goals in the first half of the match, we paved a way for our success.



Inter-school Football Competition - Champion
(Boys C Grade)



Inter-school Football Competition - 2nd Runner-up
(Boys Overall)

Basketball

Our school made great strides in basketball. At the beginning of this academic year, we only had 2-3 players in Boys C Grade Basketball Team, but with consistent effort in recruiting members and providing thorough training, we can boast of having one of the most competent teams. Our school was placed in the 4th position for Boys B Grade and 2nd position in Boys C Grade in the Inter-School Competition organized by HKSSF (Hong Kong Schools Sports Federation). Moreover, our school competed with 36 schools in the district and was ranked 6th in the overall results, which is a remarkable improvement compared to last year's result when it had earned the 23rd place in overall results.

Rugby

Despite being a fresh and young rugby team, formed in the current school year with the support of Mr. Li, our Principal; Mr. Leung, Secondary School Liaison Officer, Hong Kong Police Force and Brandon Huang, Head of Community & Development, Hong Kong Rugby Football Union, our school Rugby Team achieved commendable results by being 2nd Runner-up in the Inter-School Rugby Sevens Competition 2014.

Goals are accomplished by dedicated people. The team is made up of 16 students, who have demonstrated their dedication and talent by winning a number of matches. Our team played against CCC Heep Woh College and Ying Wa College and achieved an impressive score of 25-0 and 17-0 respectively.



Basketball Team - Boys C Grade



Inter-school Rugby Sevens Competition 2014 - 2nd Runner-up

Sharing by Ken (S5B), Captain of SEKSS Rugby Team

It has been a wonderful and unforgettable experience being the Captain of EK Rugby Team. For me, our school Rugby Team is the most impressive and determined team that I've played with in my whole rugby career. With such little training, we managed to beat some of the most experienced teams, which is remarkable! I think rugby will develop and become popular in our school in the coming years. It is a great sport and can benefit students in numerous ways. The sport not only helps in keeping students physically fit but also help in their career aspirations as obtaining a place in university becomes easier. Moreover, it's a great sport to establish social network and finally being part of the team makes you proud of being an EK student.

BOCHK Bauhinia Bowl Award

The BOCHK Bauhinia Bowl Award is the annual award for sports given to member secondary schools of Hong Kong Island and Kowloon. Schools achieving the best all-round performance in all sporting events organized by the Regional Committee each year get this award. We are proud to share our achievement as we were placed in the 72nd position this year.

Results of BOCHK Bauhinia Bowl Award from 2009 -2014

2013-2014	2012-2013	2011-2012	2010-2011	2009-2010
72th	134th	152th	138th	147th



4x100m Invitation Girls Relay - 1st Runner-up
(Islamic Kasim Tuet Memorial College Sports Day)

Hockey News 2013-2014



Our team with the old boys who represented Hong Kong in the Olympics



Division II Champions

This year was a landmark year for our school as our school became champion of the HKSSF Inter-School Hockey Competition Division II. The team performed exceptionally well and during the group stages, we won all our games except against Delia Memorial School (Hip Wo), who beat us by a score of 3-1. However, in all other games we beat our opposition by wide margins (5 goals or more). It was inevitable that we would face the team from Delia in the finals.

The finals was an extremely memorable one for all who witnessed the match as we came back from a goal down to tie the game and the game had to be decided on penalty flicks. In the end, we were able to convert all but one of our penalty strokes while the opposition was unable to score on three of theirs. There was a thunderous applause from all the spectators who had gathered to watch the thrilling climax to the match.



Our winning team with supporters

With our win in this division, we are now promoted to the Premier division in hockey next year and we are looking forward to challenge of testing our skills against the other top schools in Hong Kong. Our girl's team also joined the hockey competition for the second time this year and gave a very strong account of themselves, with special thanks to our coach Mr. Arif Ali and our teacher manager, Mr. Rajeev Nair. We must also acknowledge the contributions of Mr. Ahmed Khan and Mr. Khalid Khan towards our school team. In fact, the old boys of our school were so happy that they got into the first division that they organized a special award ceremony for our players at the Kowloon Cricket Club.

Economic and career team: Hands on experience in retail industry

A group of S4 students from different ethnic backgrounds had the opportunity to start their own business, 'Clash of the Culture with Ma and Minions'. It was a big challenge as they had to compete with various schools in the run for a stall in the Think Big Start Young Youth Carnival held by the Youth Employment Start, a sub division of the Labour Department, in Causeway Bay on 25 January 2014.



Our students were first invited to submit a business proposal and were interviewed to see if their ideas were feasible. Being creative, our students were able to utilize their own strength.

They combined their unique culture with the local culture in Hong Kong and used it as the selling point of their products. Hence, a series of products were developed under such themes as Bangles, Chinese lucky charms, Lucky Red Banner in different languages, Egg drawings, Foam Flowers and Mehndi (Henna).

It is noteworthy that our students applied lots of economic concepts to develop their business and the products. By estimating the demand, the students calculated how much profit they would make. They managed to anticipate the necessary supply for different products as well as raise the necessary capital. Moreover, by division of labour, students managed to set up a production line that was efficient enough for mass production. By understanding the market structure, they were able to adjust the price accordingly, so that they could boost the sales and make profit. Students also got a chance to take a step closer to the retail industry and experience how the actual market works. This gave them a better understanding of the career path they would like to choose in the future.



Sharing from S4A WONG QIU RANG ELISHA, CEO, Clash of the Culture with Ma and Minions

In the beginning, I failed to understand how this business would be related to Economics. I was curious and I thought this should be fun so I took up the role as the CEO of our business. As the CEO of this business, my job was not easy. I had to follow up on everyone's progress. At times, I had to keep the group motivated. There were also some tough decisions which I needed to make. However, the experience I gained was very valuable. In the end, we emerged with a thorough understanding of not only retail businesses and economic concepts, but also a greater understanding of our classmates.

The project was both fun and enriching. The experience we had has definitely given us an advantage in studying Economics and conceptualizing certain theories such as The Demand and Supply Theory. Moreover, it has given us a flavor of what day-to-day operations in a business are like.



Prizes and Awards

Event	Winner	Award
2013 Australian Mathematics Competition	6B (14) Chan Tsz Fung, 6B (22) Kwan Pok Man Kevin	Distinction
	5A (10) Saseendran Anjaly, 5A (25) Lo Ting Hin	Proficiency
2013 Australian National Chemistry Quiz	6C (16) Hui Nai Chung	Credit
	6A (30) Sit Wai Ki	High Distinction
Road Safety-Let's Fly Glider Design Competition	3E (11) Muhammad Sahara Parveen	1 st Runner-up
The 8th Hong Kong Technology & Renewable Energy Events 2013 (HKTREE)	1E (21) Lam Man Lung Edmond, 2E (21) Lam Hei, 2E (29) Singh Pardeep	The Best Design in Capacitor Car Model
	2D (11) Shahzadi Iram, 2E (13) Sandhu Amina, 2E (20) Khan Altaf Dupagan	The Best Design in Solar Car Model
	2D (11) Shahzadi Iram, 2E (13) Sandhu Amina, 2E (20) Khan Altaf Dupagan	The First Class Prize in Solar Car Model
	1E (20) Lam Kin Wah, 1E (21) Lam Man Lung Edmond, 2E (12) Retana Charlyn Denise Manansa, 2E (21) Lam Hei, 2E (25) Rai Avinash, 2E (29) Singh Pardeep	The 2 nd Runner-up in Capacitor Car Model
	1E (19) Hu Maoyuan, 2E (30) Tamang Daniel, 2E (27) Singh Harsh Winder	The 3 rd Runner-up in Smart Car Model
Inter-school Hockey Competition 2013-2014 Boys (Division 2)	2E (27) Harshwinder Singh, 4E (8) Gauravdeep Singh	Champion
	4C (18) Pawar Vinit Singh, 5E (16) Singh Gurjinder	
	4C (26) Palvinder Singh, 5E (17) Singh Raminder, 4D (10) Amritpal Singh	
2013-2014 Secondary School Invitational Rugby Sevens (Boys Combined Grade)	2B (17) Santos Refael, 5A (21) Gurung Prisam Kumar, 3A (15) Khapung Sam Yuk Hang, 5A (24) Lama Samden, 4A (22) Gurung Kushal, 5B (16) Encarnacion Ken Adrian, 4A (35) Pratik Limbu, 5B (17) Fok Nick, 4B (25) Gurung Bishwash, 5B (20) Leung L. A. Tin Chiu Bautista, 4C (22) Reyes Matthew Justin Baltazar, 5D (18) Mak Ho Leung Marvin Aquino, 4E (8) Gaurvadeep Singh, 5D (25) Sunar Royal, 4E (16) Pun Hom Bahadur, 5E (8) Gurung Narendra	2 nd Runner-up
Inter-school Basketball Competition 2013-2014 Boys (Grade C)	1D (14) Gurung Kritim, 2D (21) Gill Gurjit Singh, 1D (18) Lebrilla Minardo Jr Paz, 2D (29) Miguel Michael L., 1D (23) Singh Gurbir, 2E (17) Eraes Clewin Reigner Roma, 1E (14) Abdul-Sameer, 2E (26) Singh Abbayjit, 2A (15) Nsambu Mbele Joao, 2E (29) Singh Pardeep, 2D (16) Cheung Tristian, 2E (33) Wong Kin Long	1 st Runner-up
Inter-school Football Competition 2013-2014 Division Three (Kowloon 3)	1A (12) Singh Akashdip, 2D (21) Gill Gurjit Singh, 1B (6) Gurung Bishant, 2D (29) Miguel Michael L., 1C (8) Gurung Sachin, 2E (24) Pun Siddantha, 1C (12) Ng Ho Ting, 2E (25) Rai Avinash, 1C (14) Thapa Edison Solomon, 2E (26) Singh Abbayjit, 1E (17) Gurung Nikhil, 2E (29) Singh Pardeep, 2A (10) Gurung Saugat, 2E (33) Wong Kin Long, 2D (16) Cheung Tristian	Champion (Boy C Grade)
Gymnastics for All 2014	1D (11) Veronica Jane Diesta Bautista, 4A (2) Budha Anita, 1E (5) Eraes Eileen Rose Roma, 4C (6) Lukalu Kidiwa Bernise, 2B (1) Batuigas Shanza, 4D (4) Queenie Ann Joline Suarez, 3A (1) Curtis Andrea Karina, 5C (2) Capinpin Jennifer, 3A (2) Francisco Danica Denise Soriano, 5C (24) Capinpin Jeferson, 3B (1) Allysa Marie R. Cruz, 5C (25) Estrella Carn Jansenn Rasco, 3C (22) Rai Joel, 5D (3) Hermoso Sarah Stewart, 3D (1) Aurelio Johanness Ellyza Reyes, 5E (1) Cada Xhndra May, 3D (12) Santos Erica Mae Roma, 5E (2) Dela Pena Zyr	Gold Award
4th Dragages Hong Kong French Speech Competition 2013	3E (20) Cia Joe Marc Pineda, 3E (28)Loja Mel Herbert II Hubahib	Merit
	3E (1) Butundu Ilunga Anne Marie	Proficiency
2013-2014年度中國中學生作文大賽 (香港賽區)	1E (19) 胡茂元, 3C (18) 林永康, 3C (27) 黃灝時, 5A (1) 鍾百琪	優異獎
HK & Macau Inter-school Straw Competition - City War (Senior Division)	4A (10) Lontoc Francesca Choi, 4A (12) Shenleene Mak, 4A (22) Gurung Kushal, 4A (34) Limbu Pratik	1 st Runner-up
HK & Macau Inter-school Straw Competition - City War (Junior Division)	2E(3) Gurung Shely, 2E (12) Retana Charlyn Denis Manansa, 2E (13) Sandhu Amina, 2E (27) Singh Harsh Winder	2 nd Runner-up

Special Events / Activities



Event / Activity	Committee / Organization	Date	Participants
Seeing the Possibilities 3	ASD Department	23/1/2014	S.4 & S.5 selected students
Joint-School LS Forum	Liberal Studies Department	24/1/2014	S.3C, S.4 & S.5 Chinese students
Career Visit to Construction Industry Council	Careers Education Committee	27/1/2014	S.4 & S.5 selected students
“Real Friends Project 13 /14” – Indoor War Game	Guidance Committee	27/1/2014	S.3-S.5 selected students
Educational Trip to Ocean Park	Guidance Committee	28/1/2014	S.1-S.3 selected students
Career Visit to Cathay Pacific Catering Services Ltd	Careers Education Committee	28/1/2014	S.5 selected students
Appreciation of Chinese dance 2014	Dance Team	14/2/2014	S.2 selected students
Workshop on Chinese Alphabets Logical Language System	Chinese Department	Feb - May 2014	S.3 & S.4 selected students
Anti-smoking workshop	Discipline Committee	19/2/2014	S.3 & S.4 selected students
“Real Friends Project 13 /14” –Visit the Police Tactical Unit (PTU) Graduation Ceremony and the Training School	Guidance Committee	21/2/2014	S.2-S.5 selected students
Music concert by “Hong Kong Chinese Orchestra”	Music Department	24/2/2014	S.1-S.3 students
Visit to the Hong Kong Museum of History	Academic Promotion Committee/ GCSE Chinese Department	24/2/2014	S.4 selected students
Disney’s Foundation for Career Success	Careers Education Committee	26/2/2014	S.4-S.6 selected students
Anti-drugs and Anti-smoking Talk	Discipline Committee	4/3/2014	S.1-S.3 students
Chinese Opera Performance	Chinese Department & ASD Department	6/3/2014	S.4 & S.5 selected students
Liberal Studies Program in Noah’s Ark	Liberal Studies Department	7/3/2014	S.4 & S.5 selected students
Founder’s Day cum Learning Celebrations, PTA Night	Whole school	14/3/2014	All students
Talk on “Water and Sanitation”	Moral and National Education Committee & Health and Sex Education Committee	2/4/2014	S.1 students
Career Visit to McDonald’s Corporation	Careers Education Committee	11/4/2014	S.5 selected students
Talk on “Well Thought Decision on Sex”	Moral and National Education Committee & Health and Sex Education Committee	30/4/2014	S.5 students
Healthy School Programme – Community Service Day	Health and Sex Education Committee	20/5/2014	S.4 & S.5 selected students
Performance at Sky 100	Dance Teams	25/5/2014	Students of Dance Teams
Real Friends Project 13/14’ – Adventure Ship Challenge Day	Guidance Committee	29/5/2014	S.2-S.5 selected students



校長的話

當大家閱讀本文時，相信已是暑假了。經過一年的努力，無論是老師還是同學都實在要好好休養生息，去迎接九月新學年的挑戰。現在就讓我回顧同學在本學年所取得的成績吧。



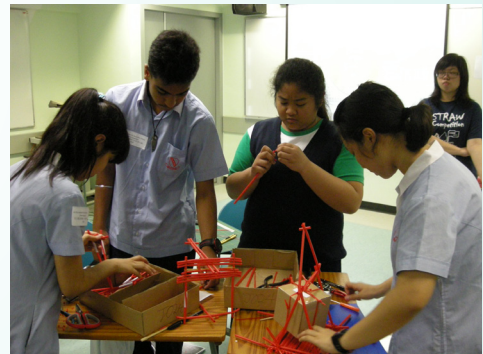
在學術方面，兩位去年入讀浸會大學的同學，因為考取到優異成績，分別被列入校長嘉許名單及優秀學生名單中。當喜訊傳來，全校師生同感光榮。

在舞蹈項目方面，本學年是豐收的一年。他們在第五十屆學校舞蹈節中，贏得四個甲級獎，三個乙級獎，結果奪得「中學組東方舞團體獎季軍」。除了學界的比賽，他們更在第四十二屆全港公開舞蹈比賽中，在東方舞(公開組)贏得金獎。本校同學在舞蹈方面的才華不單只在比賽中得到證明，更獲得公眾的賞識。新鴻基地產集團環球貿易廣場邀請本校二十多位同學在五月中到「天際一百」表演拉丁民族舞、印度舞和尼泊爾舞，讓來自世界各地的遊客認識本港的多元文化。身為校長，看到同學在比賽中獲獎，得到社會的認同固然欣喜，更高興莫過於

他們有機會繼續進修，提升技藝水平。所以本校鼓勵所有舞蹈團員報讀由香港演藝學院舉辦的「青年精英舞蹈課程」(GYDP)，只要表現良好，便可繼續升讀香港演藝學院的相關課程。



除了舞蹈，同學在球類比賽中亦屢獲獎項。在籃球方面，男同學在校際第三組九龍第三區的乙組及丙組比賽中分別獲得殿軍和亞軍；而足球方面，本校贏得男子丙組第三組九龍第三區的冠軍，而男子足球的總成績更獲總季軍。乙組的曲棍球隊更以七戰六勝的佳績在學界比賽中奪魁，而於本學年成立之欖球隊亦在校際七人比賽中獲得季軍。



至於科學比賽方面，本校同學在四月參加了香港城市大學學生會第二十一屆物理及材料科學學科聯會幹事會舉辦的「2014港澳中學生飲管比賽——傾城戰City War」，在初級組中獲得季軍，在高級組更取得亞軍。

本校的音樂話劇課程雖然只是推行短短兩年，但已屢創佳績，劇團在本年度香港學校戲劇節中贏得傑出合作獎，當中更有四位成員獲傑出演員獎。



「工欲善其事，必先利其器」，為了讓同學發揮表演潛能，學校禮堂將於暑假期間裝置專業舞台燈光和更新音響系統。同學在演出話劇時可利用「吊咪」等設施，讓他們感受到更真切的舞台經驗。

圖書館可謂一間學校的心臟，同學無論是溫習功課，閱讀書籍，尋找資料都愛流連此處，一個良好環境必然是非常重要。故此，校方將於下學年更換全部冷氣，為同學營造一個舒適的學習環境。

以上所有的成果，全都是同學以努力和汗水所換取的，見到櫃內的獎座，同學臉上的笑容，我感到無比歡喜和感

恩。歡喜的是同學能找到自己的長處，在他們的人生舞台上發光發熱；感恩的是我身邊有一班誨人不倦的教師和堅守崗位的員工，全靠他們每天的默默耕耘，同學才能茁壯成長。