

## 5A (6)

### LUBAG ZYA MOREEN LIBUIT

#### Part B

##### Question:

**You are the leader of a successful volunteer group. The group has been actively aiding a specific community in your neighbourhood, and your success has inspired others to start their own volunteer groups.**

**Write a blog post on behalf of your volunteer group, offering guidance and advice to those aspiring to establish their own initiatives.**

#### **No Noble Cause is not Worth the Effort**

“To live is to learn” is a quote that I live by as a leader for flourishing mental health awareness and voluntary contribution. Playing a significant role in any group isn’t always sunshine and rainbows, but what keeps me from faltering is the people I help. Through them, I am able to learn important lessons in life and deal with problems I encounter personally. In this blog, I wish to share with you some advice and offer some guidance to establish your own volunteer groups.

First of all, it is important that we identify the community we want to help or the beneficiaries. You can’t tackle everyone’s problems at the same time, so you have to narrow it down to smaller groups such as the elderly, teenagers or even our furry friends. After that, we need to identify their needs for example, elderly people may need an assistance in daily activities, such as cooking or laundry while younger children may need help with homework or understanding lesson concepts. In our case, we are helping teenagers to cope with mental health problems while raising their awareness of the ways to deal mental health issues. You must do thorough research on the problem you want to tackle and what you can offer to the people (or furry friends) who are going through it.

Next advice is that we need to find a unique and interesting way to address the need of a targeted group. Our group arranges nature healing trips and art therapy for teens as a way to slow down from the hustle and bustle of city life and take a fresh breath. Let’s see if you want to help in an elderly care center. What can you offer them that is unique and fun? You can give them a free haircut and chat session or teach them how to use social media to connect with other family members. What about pets? You can organize a weekly pet meeting among the pets in your neighborhood where they can mingle with other pets and make friends. All in all, look for ways to spice simple things up!

Last, but not the least, you can reach out to the other volunteer groups with the same initiative or other people who are willing to be volunteers. By working with other volunteer groups, you can join forces and share resources to make a bigger and lasting impact to the community. Additionally, regularly recruiting new volunteers would not only add up new blood and new ideas into your group, but it will also inspire them to work for a greater cause.

In conclusion, starting new initiatives should hand-in-hand with perseverance. You must make the effort of researching and identifying the people who need you and what you can do for them by

reaching out and inspiring others to support your initiative. It might seem like a lot of work, but normal course is not worth the effort.