

SIR ELLIS KADOORIE SECONDARY SCHOOL (WEST KOWLOON)

Yearly Examination 2025/2026

Examination Syllabi

PED

S4

Part I: Physical Education, Sport, Recreation, Leisure and Wellness: History and Recent Development
(New in 2526 S4)

Part II: Human Body

Part VIII: Social Aspects of PE, Sport and Recreation (New in 2526 S4)

Part IX: Sport and Recreational Management

S5

Part I: Physical Education, Sport, Recreation, Leisure and Wellness: History and Recent Development

Part II: Human Body

Part III: Movement Analysis

Part IV: Fitness and nutrition for health and performance in physical activities

Part V: Physiological basis for Exercise and Sport Training

Part VI: Sports Injuries, Treatment and Precautions

Part VII: Psychological Skills for P.E., Sport and Recreation

Part IX: Sport and Recreational Management